

Ultimate Frisbee

2012
Indoor League



Active People + Frisbees = Ultimate League
www.happen.net/ultimate

When: Thursdays, January 12 – February 16, 2012
Game time varies by week, 6:15pm - 8:15pm

Cost: \$22 (pays for all 6 games!) Pre-register by January 9

Where: Chamber's Prairie Gym 6501 Virginia St. SE Lacey 98513

Beginner or veteran, you'll enjoy this coed league for players of all skill levels. Just sign up as an individual to be placed on a team with a great group of people. You'll enjoy the exercise, the camaraderie and the Spirit of the Game!

Sign up by Jan. 9th to be placed on a team!
It's that easy! We'll assign everyone to a team, keeping the teams equal.
(Sign-up info on other side...)

Questions? Contact
Lacey Parks and Recreation
360-491-0857
mcoppin@ci.lacey.wa.us

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Ultimate Winter Sign-Up



Go With the Flow: Beginner or veteran, you'll enjoy this coed league for players of all skill levels. This is a great way to get exercise too – the indoor game never stops! Just sign up as an individual to be placed on a team with a great group of people. You'll benefit from the exercise, camaraderie, and the Spirit of the Game!

Name _____ F M

E-mail Address _____

Address _____

City _____ Zip _____

Date of Birth _____ Phone Number: (____) _____ - _____

Sign up by January 9th for the Winter 2012 Indoor League!

We will assign everyone to a team. Please answer the following questions so we can ensure even teams and competitive games:

How many games will you likely attend? (Circle one) 1 / 2 / 3 / 4 / 5 / 6

What is your experience in ultimate? (circle one)

- 1 – Beginner / learning to play
- 2 – Casual pickup (own my own cleats)
- 3 – One or two years of pickup or local leagues
- 4 – Some tourney experience or 3 + years of pickup/league
- 5 – Regular tournament play
- 6 – Competitive high-level club experience

What is your skill level? (circle one)

- 1 – Learning to throw
- 2 – Backhand or forehand throw
- 3 – Both backhand and forehand throw
- 4 – Consistent backhand and forehand with marked defense
- 5 – Consistent break-mark throws

What is your fitness level? (circle one)

- 1 – Will tire easily
- 2 – Able to run for short periods before needing a break
- 3 – Exercise frequently, able to run for long periods
- 4 – Able to guard the fastest players without tiring

If you would like to play on a team with a spouse or partner for scheduling/childcare purposes, enter his/her name here.
We will place you on the same team.

Info: www.happen.net/ultimate

**SIGN UP BY Jan. 9
only \$22**

Pay by phone with Visa or MC
(360) 491-0857
or drop by Lacey City Hall
M-F, 8am – 5pm (
(Cash, check & credit card accepted)

or mail this entry form with check to:
Lacey Parks & Recreation Dept.
420 College St SE
Lacey, WA 98503

THANKS!

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